



Learning for Life, Nature and future

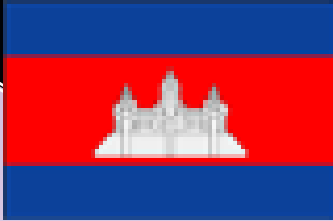
Cambodia

Content

The Tanol Dak Village School in Siem Reap

The Hope for Cambodian Children Home in Battambang





General about Cambodia

Main Religion: Buddhism (Theravada). Same as in Thailand and Laos.

Main Language: Khmer

Population: 14.8 million (UN, 2005)

Ethnic group: Khmer, Vietnamese and Chinese minorities

Monetary unit: 1 riel = 100 sen

Capital: Phnom Penh

GNI per capita: US \$380 (World Bank)

Major Exports: Garments, Fisheries Products, Rubber

International dialing code: +855

Electricity: 220V AC 50 Hz

Driving: Right hand side; International Driving Permit required

Direct Flights: from Bangkok, Taipei, Hong Kong, Singapore, Ho Chi Minh City, Vientiane, Kuala Lumpur, and Guangzhou

In Cambodia you see motos, (scooter-type motorcycles), whizzing by carrying everything from entire families, to an adult pig lying on its back going to market. It is also full of warm friendly smiles and beautiful faces. Experiencing Khmer culture is unforgettable and life changing. The help you provide through volunteering has an impact on the lives you touch and those lives will have an impact on you.

Siem Reap, the closest town to the UNESCO World Heritage Angkor Wat Temple. Because of this, the city attracts thousands of tourists each year. There are many places to stay and many places to eat. Meals are available from traditional Khmer cuisine, to European and American fare and range in price from about \$2 to \$6.

Local transportation is available from the many motos to Tuk-Tuks (four person carts pulled by motos). A Tuk-Tuk ride usually cost \$1 - \$2, depending on the destination. Siem Reap is a very busy place with lots of tourists from Japan, Korea and the West.

Battambang, founded during the height of the Khmer empire in the 11th century. The city lies in the heart of the Northwest and until the war years was the leading rice-producing province of the country. Battambang is the main hub of the Northwest connecting the entire region with Phnom Penh and Thailand, and as such it's a vital link for Cambodia. Situated close to the river, Battambang is a nice, picturesque town. As with much of Cambodia and Laos, the French influence on architecture is visible.

General Information about Volunteer Projects in Cambodia - Education and Health

Health

- a.. Health programs range from dental and general health checks for children and adults to immunization, HIV management, emergency care, physiotherapy, disability services, and nutrition programs. Healthcare professionals are welcome anytime.

Education and activity learning, learning by doing

- a.. Volunteers have the option of teaching or assistant teaching English in primary and secondary English classes.
- b.. Computer classes if PC/s or laptop/s available
- c.. Volunteers can also conduct small study or music/singing sessions, arts and crafts after school
- d.. Outdoor games, sports, music and dancing are very popular with the children and staff.

Requirements for volunteering

- a.. Volunteers should be able to spend a minimum of 4 weeks volunteering
- b.. Though flexible, particularly for professional healthcare volunteers
- c.. A current 'police check' or 'working with children check' for all volunteers, that can be presented on arrival.
- d.. One month advance notice of arrival



Tanol Dak village school outside Siem Reap



Hak



Size of village: 907 people.

Students: 168

Teachers: 3 female teachers, included Homchana, the English teacher.

Volunteer work: Teach English.

Accommodation: At a guesthouse, 15 mn by bicycle from the school.

Meals: Breakfast, lunch and dinner with a host family.

Transportation to the school: By bicycle.

Price per day to rent a motorbike: 300 Baht

Location: In Tanol Dak village, 66 km from Siem Reap (150 Baht by bus, 200 Baht by tuk tuk).

Restaurants in town/village: Local restaurants in the village, and a large variety including western food in Siem Reap.

Shopping Center: Small shops and one ATM in the village. Bigger shops and markets in Siem Reap.

Internet shops: Many in Siem Reap.

In Tanol Dak most of the people are rice farmers. The village is located in the countryside, surrounded by rice fields and banana trees, 1 hour and half from Siem Ream by bus.

A close by river allows the local people to fish and swim. They also catch some snakes in the forest, to sell at the market or to eat. During the monsoon, they put some nets in the pounds to get fishes.

In their free time the children play football, volleyball, takraw and capteh.

The hospital is located 15 mn from the village, and the local health care center is 5 mn from the village, by tuk tuk.

The volunteers stay in a guesthouse called Sonikum (rooms with fan). A market, local shops and restaurants are close by.

The Hope for Cambodian Children Home Battambang Cambodia



HFCC was founded in 2005 by a small group of private citizens from Australia. The work began by assisting forty (40) street children living in an abandoned area of a local Buddhist pagoda.

In 2006 the funds were raised to move the children to a new site and expand to care for over one-hundred (100) orphaned or abandoned children.

The Hope for Cambodian Children Foundation in Australia planned the building of seven (7) bungalows to establish makeshift families for the children and provide a normalized environment with local women from the community taking the responsibility for caring for the children. All of the kids in HFCC are taught traditional Cambodian customs through Buddhism and local pagoda's. The ultimate goal for all our children is reintegration into the community.



Today HFCC has expanded its buildings and the area of care. The centre looks after infants, teenagers and children with disabilities by providing housing, support, food, medical care and educational services.

HFCC runs English classes and library activity programs for children both in care and in the local community. Medical care, housing and education are the main areas of focus and HFCC is always looking to improve its services to the Cambodian community. They see the volunteer both as a parent figure and as a friend.



The Hope for Cambodian Children Home Battambang Cambodia



Volunteer tasks:

The Home and its Australian sponsor focus on activity based learning, promoting social and cognitive skills as well as hygiene, health and sexual education. They also visit other orphan homes.

- Assisting with English classes which run every day in the afternoon
- Basic computer training provided there are computers that work
- Also ICT training in Battambang town (for qualified ICT volunteers only)
- Teaching at the nearby primary school where many orphans study
- Socializing with the children, hanging out at the orphanage and giving the children some attention.
- Helping with the activity based learning program.

Volunteers are welcome to bring an old laptop to use for training and maybe to donate after their stay

Minimum volunteer period: One month. Volunteers should apply and confirm at least 2 months before planned arrival.

Police Check and CV/Resume: required and must be handed over to the manager on arrival

Available: from 2nd week in March, volunteers are especially welcome July – October when schools are closed

No of Children: 108, Feb. 2009

Staff: 20

Students: Around 70 students in the English afternoon classes at the Home

Computers: Coming soon

Internet: No

Accommodation: No visitors are allowed to stay at the Home. Volunteers live in the Home's Volunteer House in Battambang or with a host family

Meals: Yes, lunch and dinner at the Home

Location: 5 km outside of Battambang

Center: 20 minutes by bicycle

Restaurants in town: Many in Battambang

Shopping Center: Local markets in Battambang

Internet shops: Many

